

# What matters most when it comes to your health?



ICHOM ([www.ichom.org](http://www.ichom.org)) is an international non-profit organization that unites healthcare providers, policymakers, and patients to improve health care worldwide. ICHOM is developing a standardized set of health outcome questions asked of patients and their healthcare providers to improve the general health of patients and the quality of care they receive.

We would really like to know what you think about our proposed list of outcome concepts though. Have we captured the things that are most important to you when it comes to your overall health? Can you help us improve the areas we cover to better fit patients' actual needs?

Please join us in creating a standard set of overall adult health measures by participating in the following activity:

	Time Commitment	Qualifications
<b>Patient Validation Survey</b>	<i>One-time commitment of 10 – 15 minutes</i>	<ul style="list-style-type: none"><li>• Must be 18 years of age or older</li><li>• Interested in sharing your opinions about what matters when it comes to adult health</li><li>• Able to participate in an online survey<ul style="list-style-type: none"><li>○ <i>Note:</i> No personal details will be collected.</li></ul></li></ul>

If you are interested in taking part in this activity, please go to the following link or scan the QR code to the right to complete the survey: <http://bit.ly/OAHvalidation>

If you have any questions or concerns please contact Anna Clarke [a.clarke@ichom.org](mailto:a.clarke@ichom.org), ICHOM Project Manager. If this is not relevant to you, but you know of family members or friends who may be interested in helping, please feel free to pass this information along.



**Thank you!**