

Hypertension

in Low and Middle Income Countries

Condition covered

Adults with essential (primary) hypertension

Interventions covered

Pharmacological and non-pharmacological



Details

- 1 Recorded via the Beliefs about Medicine Questionnaire (BMQ [BMQ-Specific section]).
- 2 Includes physical activity (recommended to track via the International Physical Activity Questionnaire [IPAQ-Short Form]), medication adherence (recommended to track via the Hill-Bone Compliance to High Blood Pressure Therapy Scale - South Africa Version [Medication taking sub-scale]) and salt intake (recommended to track via the WHO STEPS Instrument).

- 3 Includes survival (overall and cardiovascular), blood pressure control, hypertensive urgencies and hypertensive emergencies, and erectile function (recommended to track via PROMIS single question).
- 4 Includes hospitalization, peripheral artery disease, hypertensive crisis, heart failure, ischaemic heart disease, cerebrovascular disease, atrial fibrillation, and renal disease
- 5 Recommended to track via one of the following: PROMIS GH-10 v1.2, EQ-5D-3L, WHODAS v2.0, VR-12

For a complete overview of this Set, including definitions for each measure, time points for collection, and associated risk factors, visit ichom.org/medical-conditions/

Contributors

For more information about the process of developing a Set of Patient-Centered Outcome Measures, visit ichom.org/how-we-work/

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