

# Eating Disorders

Treatment approaches covered

All treatments

Conditions: Anorexia Nervosa | Avoidant/Restrictive Food Intake Disorder | Bulimia Nervosa | Binge-Eating Disorder | Other Specified Feeding and Eating Disorder

Populations: Pediatric (≥6 years) | Adults



**Details**

- 1 Eating Disorder symptoms (except ARFID) reported with EDE-Q in adolescents and adults (15+ years) and ChEAT in children (8-14 years).
- 2 ARFID symptoms in children reported with NIAS (age 10+ years) or EDY-Q (age 7-13 years). ARFID symptoms in adults reported with NIAS.
- 3 Includes Depression Symptoms, Anxiety Symptoms and Suicidal Ideation.
- 4 Depression Symptoms and Anxiety Symptoms in children and adolescents reported with RCADS-25. Depression Symptoms and Suicidal Ideation in adolescents and adults reported with PHQ-2 and PHQ-9. Anxiety Symptoms in adults reported with GAD-2 and GAD-9.
- 5 Reported via the KIDSCREEN-10 for children, and with the 12-item WHODAS 2.0 (general quality of life) and CIA (eating disorder-specific quality of life and social functioning) in adults.
- 6 Includes: Work/School and Interpersonal relationships.

For a complete overview of this Set, including definitions for each measure, time points for collection, and associated risk factors, visit <https://connect.ichom.org/patient-centered-outcome-measures/aeating-disorders/>

# Contributors

For more information about the process of developing a Set of Patient-Centered Outcome Measures, visit [ichom.org/how-we-work/](http://ichom.org/how-we-work/)

## The Sponsors

**NHS England  
and  
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