

Press Release

ICHOM Releases Patient-Centered Outcomes Measure Set for Adults Living with Obesity

The International Consortium for Health Outcomes Measurement (ICHOM) is excited to announce the release of its Patient-Centered Outcome Measures for Adults Living with Obesity. This innovative resource, developed collaboratively including individuals with lived experience of obesity, clinicians and researchers, identifies the outcomes that matter most to those living with obesity. It focuses on physical, social, and emotional wellbeing, aiming to improve care delivery, resource allocation and patient outcomes.

Obesity is a major public health challenge, affecting over 1 billion people globally. According to the World Obesity Federation, the prevalence of obesity has tripled since 1975, significantly increasing the risk of chronic health conditions such as heart disease, stroke, diabetes and certain cancers. This 15-month project brings together an international, multidisciplinary Working Group of patients, clinicians and measurement experts to offer a scientifically validated resource that addresses these challenges.

The impact of ICHOM Sets is far-reaching. With the addition of the Obesity Set, ICHOM Sets currently map health conditions and lifespan health in 46 disease areas, addressing nearly 60% of global disease burden. With over 500 implementation settings in more than 42 countries, ICHOM is a community of practice focused on implementation and demonstrating impact for population health and individual improved decision making.

Jennifer Bright, ICHOM President, highlights the importance of this initiative: “The co-creation of ICHOM Sets with patients is critical to the relevance of these resources to real-world impact. Now, ICHOM and its collaborators turn our attention to the application of this resource in critical areas where clarity and science need to guide the dialogue, including:

- Improving clinical pathways,
- Providing a patient-centered data backbone for health technology assessment and payment reform, and
- Enhancing patient-centered dialogue to ensure access to treatments aligned with patient goals and quality of life.”

This project was made possible with generous support from Novo Nordisk, Eli Lilly, and Boehringer Ingelheim. We extend our heartfelt gratitude for their invaluable contributions. More information about our sponsors can be found [here](#).

For more information and to download the Obesity Set, please visit the [ICHOM website](#).

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About ICHOM

The International Consortium for Health Outcomes Measurement (ICHOM) is dedicated to transforming healthcare systems worldwide by standardizing the measurement of health outcomes that matter most to patients. Through our comprehensive Sets and collaborative projects, we aim to drive improvements in healthcare quality and patient well-being.

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