



International Consortium for
Health Outcomes Measurement

Obesity Learning Collaborative Community Meeting

Thursday, 15th April 2026



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Today's focus:



PROMs

How to succeed in
implementation

ICHOM Obesity Set - Outcomes and domains

All patients

Physical Health and Clinical Outcomes

Cardiovascular Risk

- Blood Pressure (systolic & diastolic)
- Glycemic Control
- Lipids (Tri + Chol)
- Hepatic Parameters (ALT, HSI, NFS, FIB-4, APRI)
- Renal Health (creatinine, ACR, eGFR)

Anthropometrics

- BMI
- Waist circumference (BMI 27-35)
- Weight Change (over time)

Nutritional Status

- Vitamin D
- B12
- Ferritin
- Folic acid

Sarcopenia

Well-Being

Disease-Specific Quality of Life

- HRQoL

Mental Health

- Depression
- Anxiety
- Psychological Well-being
- Self-esteem
- Self-confidence

Patient's Perceptions / Social Functioning

- Body-image

Health Behaviours

Dietary Behaviors

- Disordered Eating
- Appetitive Control

Body Functioning

Physical Functioning

- Satisfaction with physical functioning
- Mobility/Flexibility
- Sexual Function

Sleep

- Sleep Quality

Pain

- Disease-specific Pain
- General pain

Energy Levels

- Fatigue

Daily functioning (daily activities)

Adverse Outcomes

Serious Adverse Events

Mortality

Population-specific

Surgical-Specific Adverse Events

Surgical Complications

- Clavien-Dindo

Obstetrics & Gynecological Outcomes

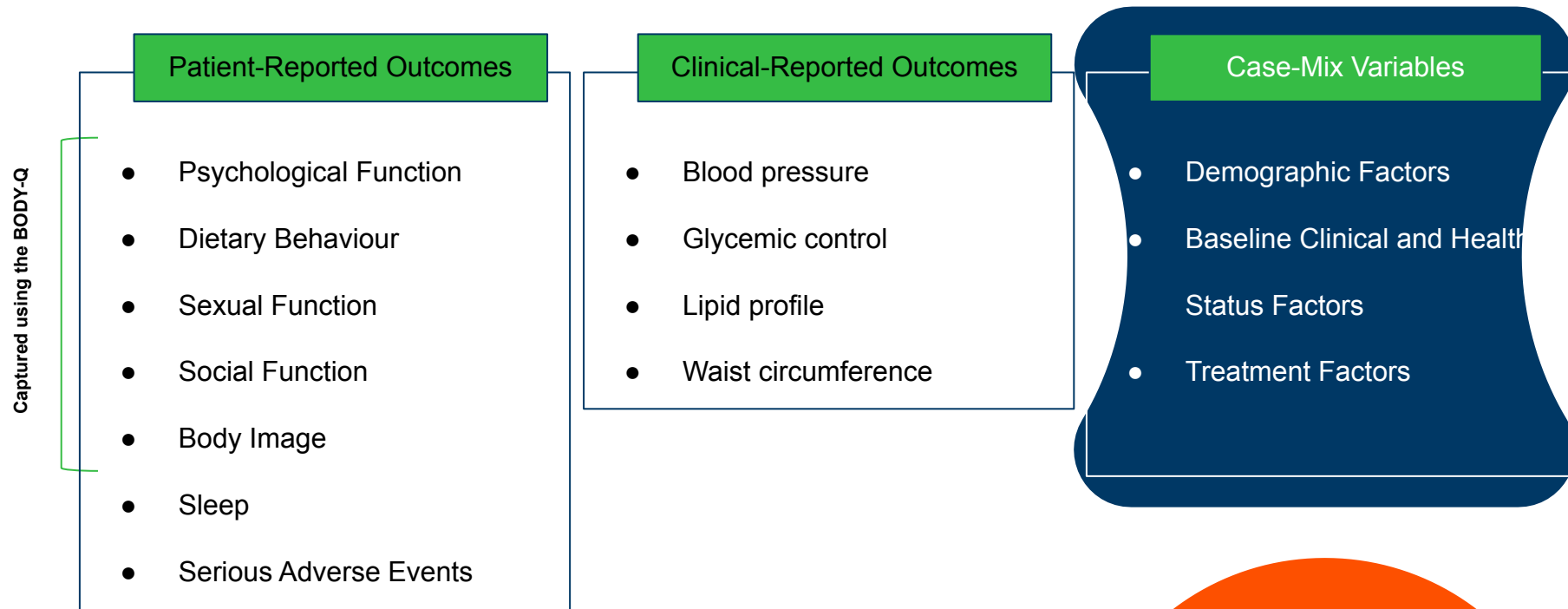
Ability to conceive

Menstruation Irregularities

Pregnancy-related Outcomes

- Gestational weight
- Gestational Diabetes Mellitus
- Hypertensive Disorders of Pregnancy gain

Primary Subset



ICHOM Obesity Set - PROMs included by the working group

Outcome	EQ-5D-5L	OBESI-Q
Mental Health		
Sexual Functioning		
Social Functioning		
Physical Functioning		
Sleep		
Energy Levels		
Pain		
Dietary Behaviours		
Physical Activity		
Activities of Daily Living		
Ability to Conceive		
Menstruation		
# of Questions	5	48

Project Team's proposal:

Include the EQ-5D-5L **AND** OBESI-Q (complementary tools)

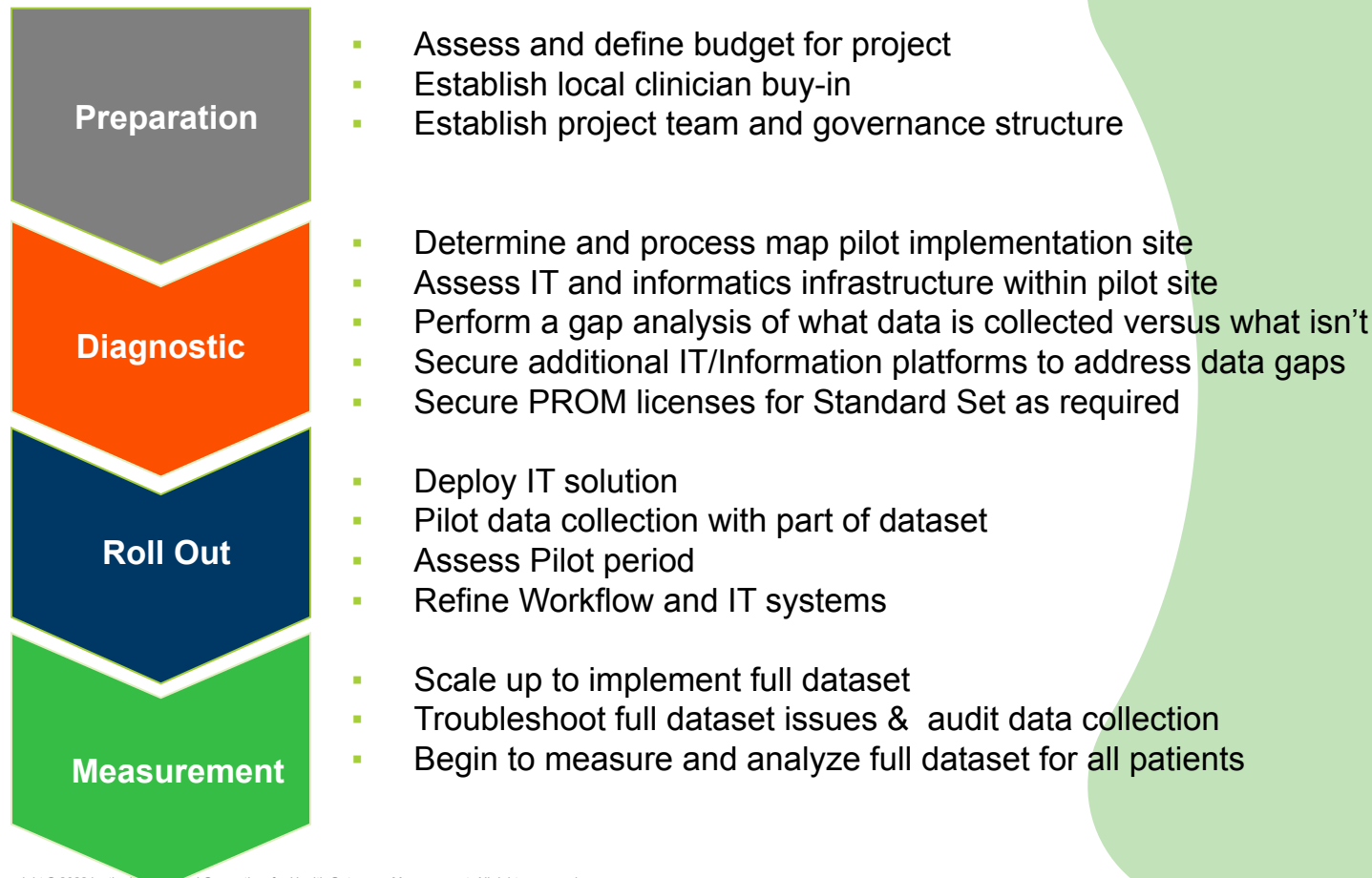
EQ-5D-5L:

- General PROM
- 'Starting point' for organizations new to PROMs collection

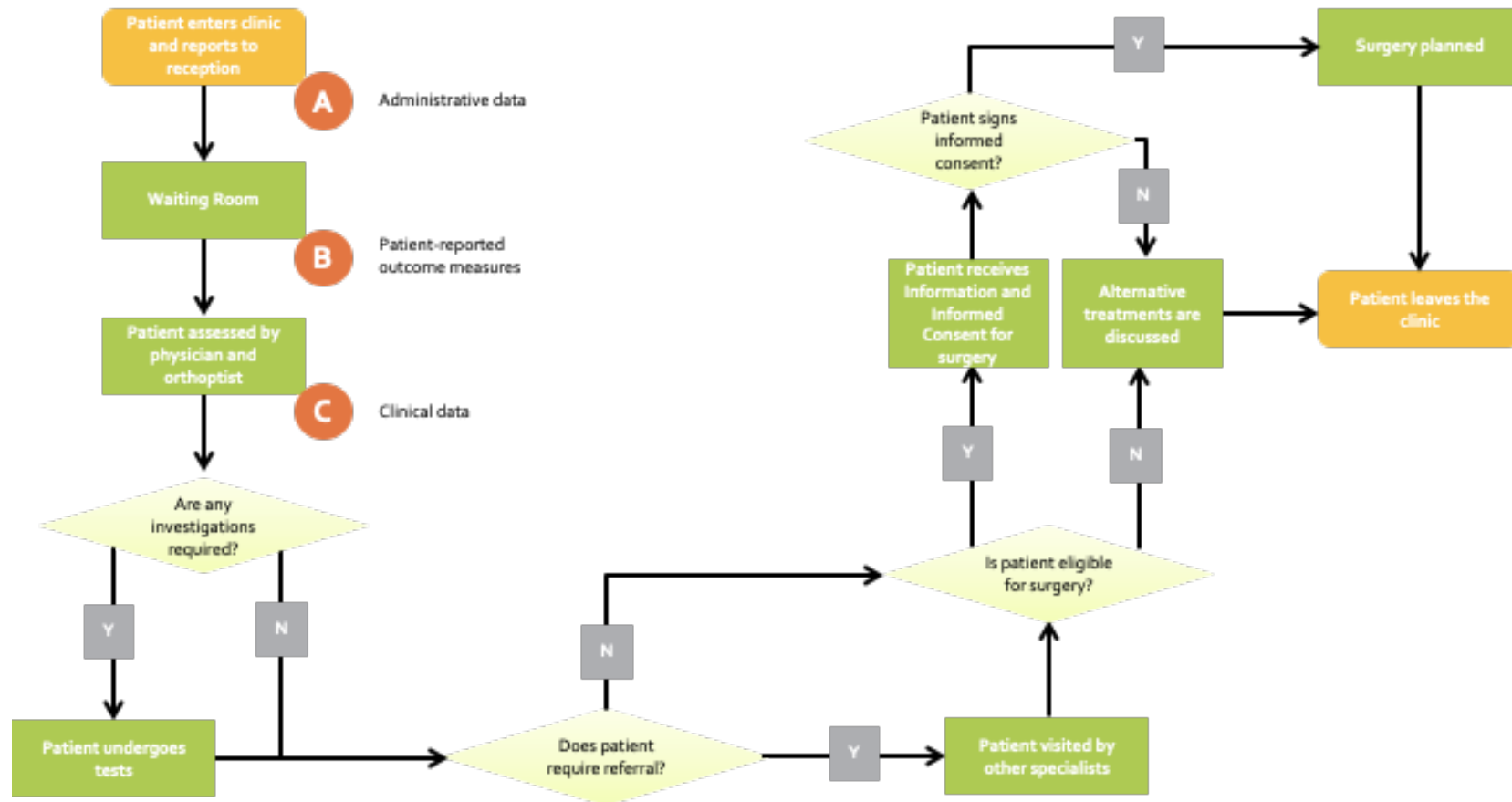
OBESI-Q

- Obesity-specific PROM
- Captures disease-specific outcomes not included in general PROMs
- Potential for enhanced pt engagement

Key stages of early implementation



ICHOM Building a pilot workflow



ICHOM Open discussion - sharing experiences

Discussion points:

- Have you previously implemented **any other ICHOM Set**?
 - What **approach** did you take?
 - What were the biggest **challenges**?
- Are you **struggling** with anything in particular at this stage?